

# MITO DISEASE awareness week

90% of the energy that you need to live and grow are made by mitochondria



Powerhouse of the cell



“Even though mito disease makes us tired, we still love to laugh & **PLAY!**”



Mitochondria

No cure exists, but we are working towards one.



All cells in the human body, **except** red blood cells, have mitochondria!



To learn more and to join our efforts visit **CureMito.org**



Mito are really important in **HIGH-ENERGY** demanding organs such as your heart, liver, muscles, and brain



**LEARN MORE SEPTEMBER 18TH-24TH**